

**D.D.G.D.VAISHNAV COLLEGE (AUTONOMOUS)**

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| <b>1</b>  | <b>Name</b>                                    | Ms.Aswini.R  |
| <b>2</b>  | <b>Designation</b>                             | Assistant Professor and Head   |
| <b>3</b>  | <b>Department</b>                              | Psychology   |
| <b>4</b>  | <b>Employee Id</b>                             | EC28001  |
| <b>5</b>  | <b>Date of Birth</b>                           | May 12th   |
| <b>6</b>  | <b>Gender</b>                                  | Female   |
| <b>7</b>  | <b>Date of Appointment in this institution</b> | 18/06/2018   |
| <b>8</b>  | <b>Experience in this institution</b>          | 6 years 10 months  |
| <b>9</b>  | <b>Official Mail Id</b>                        | <a href="mailto:hod-psychology@dgvaishnavcollege.edu.in">hod-psychology@dgvaishnavcollege.edu.in</a> |
| <b>10</b> | <b>Blood Group</b>                             | A1+  |

| <b>11 EDUCATION DETAILS (from highest qualification):</b> |                     |  |                      |                      |                    |
|---|---------------------|--|----------------------|----------------------|--------------------|
| <b>S.No.</b>  | <b>Degree</b>       | <b>Institution</b>                             | <b>University</b>    | <b>Year of study</b> | <b>Grade/Class</b> |
| 1   | UGCNET              |  |                      | 2018                 |                    |
| 2   | TNSET               |  |                      | 2018                 |                    |
| 3   | M.Sc HRD Psychology | University of Madras                           | University of Madras | 2017                 | First              |
| 4   | B.S.W               | Stella Maris College                           | University of Madras | 2014                 | First              |
| 5   | Class XII           | Velammal Matriculation Higher Secondary School |                      | 2011                 | First              |
| 6   | Class X             | Our Lady's Matriculation School                |                      | 2009                 | First              |

| <b>12 Details of ORIENTATION/REFRESHER COURSES attended:</b> |                              |                               |                 |                       |
|--|------------------------------|-------------------------------|-----------------|-----------------------|
| <b>S.No.</b>   | <b>Orientation/Refresher</b> | <b>University/Institution</b> | <b>Duration</b> | <b>Date (from-to)</b> |
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| <b>13 DetailsofSEMINARS,CONFERENCES,WORKSHOPS,FDPsetc.attended:</b> |  |   |   |                 |              |
|---|--|---|---|-----------------|--------------|
| <b>S.No</b>   | <b>Type<br/>(Regional/National/<br/>International)</b> | <b>Theme<br/>(Workshop/Conference/Semi<br/>nar/FDP)</b>               | <b>Organizedby</b>                                    | <b>Duration</b> | <b>Date</b>  |
| 1   | National   | Research Methodology,<br>StatisticalDataAnalysisand<br>Interpretation | Institute for<br>Statisticaland<br>AnalyticalResearch | 2days           | Sept<br>2018 |
| 2   | National   | SuccessThroughEducation:<br>ThinkingDuringWellBeing and<br>Learning   | NationalInstituteof<br>Open Schooling                 | 1day            | Sept<br>2017 |
| 3   | Regional   | KnowThyself:UnveilYour<br>Inner Essence                               | RizviCollege  | 1day            | Sept<br>2017 |
| 4   | Regional   | ClinicalHypnotherapy  | Universityof<br>Madras                                | 2days           | Mar<br>2017  |
| 5   | National   | PsychologicalCapital-<br>PSYCAP                                       | Universityof<br>Madras                                | 2days           | Dec<br>2016  |
| 6   | International  | BridgingGapsbetweenTheory<br>and Practice                             | Universityof<br>Madras                                | 2days           | Oct<br>2016  |
| 7   | Regional   | TransactionalAnalysis   | Universityof<br>Madras                                | 3days           | Feb<br>2016  |
| 8   | International  | Sexology  | AkashFertility<br>Centre                              | 2days           | Feb<br>2016  |
| 9   | Regional   | SocialWork Education-<br>ChallengesandProspects                       | HindustanCollege<br>ofArtsandScience                  | 2days           | Mar<br>2011  |
| 10  | Regional   | Introduction to Fertility<br>ManagementCounselling                    | BloomFertility<br>Center                              | 2days           | Jan<br>2011  |

| <b>14 DetailsofPaperspublishedinCONFERENCES/attendedConferences:</b> |  |                                       |  |                         |             |
|--|--|---------------------------------------|--|-------------------------|-------------|
| <b>S.No</b>  | <b>Type<br/>(Regional/National/<br/>International)</b> | <b>Name of<br/>the<br/>Conference</b> | <b>Nameofthepaper<br/>presented/Attended</b> | <b>Organized<br/>by</b> | <b>Date</b> |
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| <b>15 Detailsofvisit asaRESOURCE PERSON:</b> |   |                            |  |                   |
|--|---|----------------------------|--|-------------------|
| <b>S.No</b>                                  | <b>Type<br/>(Guest<br/>Lectures,Workshops,Conferences<br/>Or Seminars/ Ph.D, Viva-voce<br/>Examination)</b> | <b>Title</b>               | <b>Institution<br/>Name</b>            | <b>Date</b>       |
| 1  | GuestLecture  | Self<br>Esteemand<br>Youth | Hindustan<br>Instituteof<br>Technology | October20<br>2022 |

|    |               |   |  |                   |
|----|---------------|---|--|-------------------|
|    |               |   | andScience   |                   |
| 2  | GuestLecture  | Emotional Intelligence andLife Skills           | KLN College of Engineering                                   | April262021       |
| 3  | Guest Lecture | SelfEsteemand Self - Empowerment                | PG Department of English, DDGD Vaishnav College              | October10&11 2023 |
| 4  | ChiefGuest    | MentalHealth Day                                | Sindi College ofArtsand Science                              | October132023     |
| 5  | Workshop      | DecisionMaking and ProblemSolving               | Department of Social Work, Stella MarisCollege               | January312024     |
| 6  | Workshop      | Mental and EmotionalWell-Being after retirement | Dignity Foundation. Murugappa Groups                         | January19&20 2024 |
| 7  | ChiefGuest    | Women'sDay Celebration                          | SBOA School, Chennai   | March122024       |
| 8  | Panel Member  | Women'sDay Celebration                          | VIE,DDGD Vaishnav College                                    | March82024        |
| 9  | Workshop      | Mental and EmotionalWell-Beingafter retirement  | IncomeTax Department.  | May302024         |
| 10 | Seminar       | Emotional Intelligenceand Life Skills           | Sindhi Collegeof Artsand Science                             | June272024        |
| 11 | Guest Lecture | Emotional Intelligenceand Life Skills           | BCA Department, DDGD Vaishnav College                        | June252024        |
| 12 | Guest Lecture | Emotional Intelligenceand Life Skills           | BCA Department, DDGD Vaishnav College                        | July92024         |
| 13 | ChiefGuest    | Aksharabhyas                                    | Jaigopal Garodia Vivekananda Vidhyalaya Matriculation School | July102024        |

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| 14 | Workshop      | POCSO Act                         | Maharishi VidyaMandir                          | July2024          |
| 15 | Guest Lecture | WorkLife Balance                  | CoEoffice, DDGD Vaishnav College               | August92024       |
| 16 | Guest Lecture | Help each Other-Mental Health Day | SRMInstitute of Science and Technology, Trichy | October21&22 2024 |

| 16 DetailsofpublicationofArticles/ChapterswritteninEDITEDBOOKS: |          |                            |                                |                          |
|---|----------|----------------------------|--------------------------------|--------------------------|
| S.No  | BookName | Title of Articles/Chapters | Name & Addressof the Publisher | Month&Yearof Publication |
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| 17 Detailsofindividual/collaborativeMAJOR/MINORresearchprojectundertaken: |                    |   |                |                 |        |          |
|---|--------------------|---|----------------|-----------------|--------|----------|
| S.No  | Titleofthe Project | Name & Address of the Collaborating Faculty | Funding Agency | Fund Sanctioned | Period | Duration |
|   |                    |   |                |                 |        |          |
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| 18 DetailsonRESEARCHGUIDANCE: |              |                      |                          |            |        |
|-------------------------------|--------------|----------------------|--------------------------|------------|--------|
| S.No                          | Type (FT/PT) | Nameof the candidate | Titleof the Dissertation | University | Status |
|                               |              |                      |                          |            |        |
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**19** **DetailsofpaperspublishedinJOURNALS:**

| S.No | JournalType (National/International) | Nameof the Journal            | Titleof the article  | Nameof the Co-authors | VolNo,IssueNo,PageNos.ISSN No/DOI | Month andyear of Publication | Impact Factor/SCI/Scopus (ifany) |
|------|--------------------------------------|-------------------------------|--|-----------------------|-----------------------------------|------------------------------|----------------------------------|
| 1    | International                        | Recent Advances in Psychology | Relation of Self Esteem and Depressio nto Qualityof Life among Women undergoin g Fertility Treatment | Dr.T. Lavanya         | Vol.5 Issue-1 Pg1-5               | March 2018                   |                                  |
|      |                                      |                               |  |                       |                                   |                              |                                  |
|      |                                      |                               |  |                       |                                   |                              |                                  |

**20** **DetailsofAWARDSreceived:**

| S.No | Titleofthe Award | Awarding Agency / University / Government | Month/Year |
|------|------------------|---|------------|
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**21** **DetailsofMEMBERSHIPINEDITORIALBOARD/ACADEMIC AGENCIES/BODIES:**

| S.No | Name of the Journal/Magazine/Agency | Positionin theBoard | ISBN/ISSN No.(ifany) | Year |
|------|-------------------------------------|---------------------|----------------------|------|
|      |                                     |                     |                      |      |
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**22** **POSITIONSHELDDinthisinstitution:**

| S.No. | Institution/DepartmentLevel | Position       | Duration          |
|-------|-----------------------------|----------------|-------------------|
| 1.    | Department                  | Head-in-charge | Nov2019-June 2021 |

| 2 | Department | Head | Oct2022- Present |
|---|------------|------|------------------|
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